North Yorkshire Long-Acting Reversible Contraception (LARC) Training Offer

College of Sexual & Reproductive Healthcare (CoSRH) Training Route

Coil fitters are required to complete the CoSRH Letter of Competence Intrauterine Techniques (LoC IUT). Implant fitters are required to complete the CoSRH Letter of Competence Subdermal Contraceptive Implants Techniques Insertion and Removal (LoC SDI-IR).

To gain their LoC, healthcare professionals (HCPs) must:

- Undertake theoretical training via elearning for healthcare and the Online Theory Assessment (OTA) via the CoSRH.
- Undertake practical training. Find-A-Trainer at CoSRH can be used to find a local trainer.

More information on the LoC training pathway can be found on YorSexual Health's website.

Training Support

North Yorkshire Council Retainer Payment

Annually, active and in date LoC providers within North Yorkshire Local Authority will receive a retainer payment. This is to support on-going staff training and the delivery of the service. The retainer payment will be a minimum of £500 with an additional pro-rata top-up payment based on practice list size.

The annual retainer payment is also available to providers who are establishing their LARC service and can support staff to start training, once the provider has registered with North Yorkshire Council to deliver the service. Please email North Yorkshire Council Public Health at **dph@northyorks.gov.uk** for more information.

Humber and North Yorkshire Primary Care Workforce and Training Hub

Funded training for **Intra-uterine System Insertion and Removal:**

Practices signed up to Humber and North Yorkshire ICB's Intra-uterine System Insertion and Removal Enhanced Service may be able to claim up to £1,000 reimbursement for coil (LOC-IUT) training (this is the average cost of available courses).

Please email hnyicb.traininghub@nhs.net for more information on eligibility.

YorSexual Health

YorSexual Health has team of CoSRH trainers (CRTs) that deliver Diploma (DCSRH), coil (LOC-IUT) and implant (LOC-SDI) training at various locations in York and North Yorkshire.

Training for LoCs is delivered over the course of a calendar week. YorSexual Health also provide ongoing support and guidance for the new LoC holders for any problems they may face during their independent practice in the community. Find out more on the YorSexual Health website or email lauren.acaster2@nhs.net.

More information about the DCSRH and upcoming CoSRH Assessment Half Days, which are held twice a year, can be found on the YorSexual Health website.

The cost for the training is as follows (December 2025):

- Assessment Half Day (AHD) as part of DCSRH - £350
- Summative Clinical Assessments (SCAs) as part of DCSRH - £350
- LoC-IUT - £450
- LoC-SDI - £350

If you would like to find out more, please email North Yorkshire Council Public Health at dph@northyorks.gov.uk.

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