

## What is an abortion?



An abortion is when you stop your pregnancy before the birth.



This can be done by taking 2 different types of pills...



...or having an operation.



You will need to talk to a professional to tell them how you feel about your pregnancy.



If you decide to have an abortion you will need to have some medical checks.



An abortion must be done before you are 5 months pregnant (24 weeks).

This will be explained to you.

## Questions on abortion



**Is an abortion safe?**



Abortions are safe but ALL medical treatment has some risk.



**Can I bring anyone with me?**



You can bring someone to support you.

They can be there before and after the treatment.



You may need someone to take you home when you leave the hospital or clinic.

## After an abortion



You may feel a lot of emotions at the same time.



It is normal to have bleeding after an abortion.

If the bleeding is very heavy, go to your doctor straight away.



If you feel really unwell after an abortion you should go to your doctor.



Give yourself time to feel better.

## Useful contacts



BPAS (The British Pregnancy Advisory Service).

03457 304030

[www.bpas.org](http://www.bpas.org)



Brook.

0808 802 1234

[www.brook.org.uk](http://www.brook.org.uk)



FPA (Family Planning Association).

0845 122 8690

[www.fpa.org.uk](http://www.fpa.org.uk)



Marie Stopes International.

0845 300 8090

[www.mariestopes.org.uk](http://www.mariestopes.org.uk)

This leaflet was made by the Easyhealth team at Generate Opportunities Ltd.



Easyhealth was given permission by NHS Choices to use their health information.



The '**Quality Checking Group**' at Generate checked that the information is easy to understand.

This is a group of advisors with learning disabilities.



This information was checked for accuracy by representatives of:

**British Pregnancy Advisory Service (bpas).**



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