



MOUNTAIN  
HEALTHCARE

# SARC services are still available during the COVID-19 pandemic.

If someone in your care discloses sexual violence or sexual abuse, please contact us for advice.



Mountain Healthcare provides Sexual Assault Referral Centre (SARC) services across Yorkshire and the Humber. We are still operating during the COVID-19 pandemic, with all services being carried out in line with current guidance and with additional health and safety measures in place.

If someone, aged 16 or above, experiences sexual violence or sexual abuse, but does not want police involvement, please get in touch with us directly. We will be able to arrange for initial screening and an assessment to be carried out remotely, before arranging for the individual to attend our SARC for an examination (if required).

For anyone under the age of 16, your first point of contact should be the police or social care.

Note: Whilst we will maintain confidentiality for self-referrals, we will still have to raise any safeguarding concerns with appropriate agencies if required (i.e. children and vulnerable adults or risk of harm).

Please contact **0330 223 0099** to speak to one of our Pathway and Support Service Co-ordinators, who will be able to arrange a telephone appointment for the individual with one of our specialist nurses in the region.